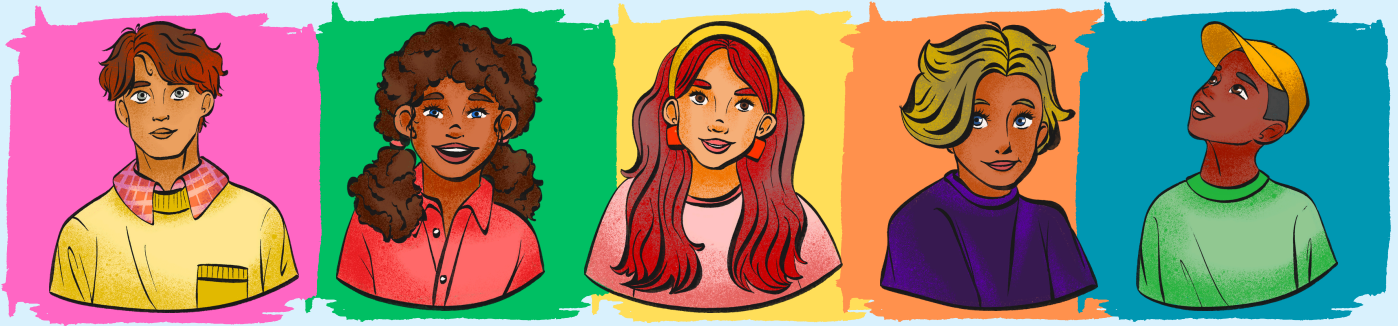


# 2024–2025 CHADD DELAWARE COMMUNITY SERIES



**6:00–7:00 pm**

**In person at The Pilot School**

**\*For parents of children with ADHD, advocates, educators, professionals, and adults with ADHD**

**October 7  
ADHD Meds 101**

Back by popular demand, hear from experts about all things medication related: facts, figures, side effects, and best practice.

**November 4  
Testing, Evaluations, and Diagnoses**  
Learn about the different approaches to seeking an ADHD diagnosis.

**December 2  
Sustaining Your Energy as a Parent**  
Discuss ways to stay consistent, compassionate, and sane while managing your child's ADHD.

**January 13  
Bring your Child! Conversations about ADHD**  
This special event is only open to parent-child participant partners (both must be present).

**February 3 & February 17  
Attention + Technology  
Safety + Technology**  
Hear from the experts in this two-part series, held virtually on Zoom.

**March 3  
Girls and ADHD**  
In honor of Women's History Month, explore the nuances of ADHD's presentation in girls.

**April 7  
Cognitive Disengagement Syndrome & Topics of Inattention**  
Explore the quieter side of ADHD: daydreaming, zoning out, and living in "la la land."

**May 5  
Debunking Medical Myths**  
Get the facts on efficacy and evidence regarding alternative treatments of ADHD.